

Self exploration is just a fancy term to mean getting to know yourself better.

After you have done some Community Service, you can think about what you enjoyed and what you would like to do again, and what you might not want to do again. It is important to know yourself well so that you can make informed choices - about what to study or major in, about what type of job you might like, and about what type of organization you would like to work for (e.g. in the private sector versus the public sector).

When thinking about doing a self assessment for your career decisions, there are a number of typical things you can look at:

Take a moment to answer the following questions:

**Interests** - what activities do you like, what do you not like doing? You want to do work that you enjoy - the first step to finding that work is spending time examining your interests so you are really clear on your likes and dislikes. -

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**Skills** - what are you good at, where do your strengths lie? Identifying your talents allows you to choose career paths in which you can be successful.

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**Personality** - what sort of personality do you have, and what types of personalities do you prefer to work with?

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